

# THE ALEX

community health centre

## **Life Skills & Recreation Training Specialist**

**The Alex Community Health Centre** is a not-for-profit organization that has been in existence since 1973. The Alex provides services and programs to individuals and families who experience barriers to health. Using a multidisciplinary team approach, we focus care on assessment, intervention and promotion of all aspects of health. We embrace a model of healthcare that is accessible, responsive and participatory. In addition, to its two clinics, youth centre, and community health bus, food and nutrition program, The Alex operates two programs dealing with homelessness as follows:

- **The Alex Pathways to Housing** program is part of Calgary's 10-year Plan to end Homelessness. It is based on the "housing first" philosophy and coupled with harm reduction services provided by a multidisciplinary Assertive Community Treatment team (ACT).
- **The Alex HomeBase** program is a new initiative addressing homelessness by enabling individuals to become and remain housed and receive support and connection to services and treatment to facilitate their recovery.

**The Alex Community Health Centre** is seeking a **Life Skills & Recreation Training Specialist** to support its recently-housed clients in its Pathways to Housing and HomeBase programs. The aim of the Life Skills Training program is to promote self-sufficiency for clients and to assist them in developing, or redeveloping, the skills necessary for independent living.

The scope of work and responsibilities include, but are not limited to the following:

- Develop and facilitate life skills training programs such as cooking, shopping, and nutrition
- Develop recreation, social and leisure programs to reduce client isolation
- Teach and facilitate recreational activities
- Conduct and arrange computer training
- Coordinate volunteers to assist and facilitate programs

### **Desired Qualifications Include:**

- Degree/Diploma in Human Services or Recreation Therapy and minimum two years experience
- Have a desire to work with a marginalized population
- Be non-judgemental, patient, friendly, and professional
- Excellent presentation skills and good computer skills
- Excellent verbal and written communication skills
- Excellent organization and time management skills
- Experience working with a multidisciplinary team an asset
- Valid Driver's License: will be required to get a Class 4

We offer a competitive salary and excellent benefits.

Please submit your resume to: [jobs@thealex.ca](mailto:jobs@thealex.ca)

**Deadline to apply:** until suitable candidate is found

*We thank all applicants, however, only those selected for an interview will be contacted.*

For further information about The Alex and its programs, we encourage you to visit our website at [www.thealex.ca](http://www.thealex.ca)